
THE GREEN GAZETTE

Volume 2, Issue 1

March 2012

Prep for "Suffer" School P.E.

How to die with teacher supervision

Zoe T.

"A Green Gazette Staff Writer"

"One day of "suffer" school P.E. equals to a week of high school P.E.," Mr. Tittle said to the session one students of summer school P.E. For session two; however, others might find it harder to cope with than session one. Session two P.E. lasts April 26-June 22, starting in the middle of spring, and ends right after the first day of summer. Each session, contains about ninety students, and there are four teachers: Mr. Tittle, Mr. Justo, Mr. Villanueva, Mr. Oyama. "Water is optional, but highly recommended," the four teachers exclaimed on the first day of session one. Every day of summer school P.E. lasts from 3:00 to 6:00, and within the three hours, the students are expected to stretch, do locomotive drills, and rotations regularly.

People who are interested, or who are already enrolled in session two P.E., should prepare by drinking water regularly, running, stretching, and sit-ups/push-ups. "Try to run from your house ten minutes, and run ten minutes back, if you can do that without stopping, then you should be fine," Mr. Tittle had included during his summer-school speech.

Locomotive skills include leaping, galloping, shuffling, skipping, and back pedaling from one side of the court to the other. There are four rotations learned so far for session one P.E. The first one they introduced was on the lower field. This rotation consists of twenty knees to chest, running three times up and down the hill, and then twenty push-ups. You then run another three times up and down the hill, and do twenty butterfly sit-ups. Then, after you run three times up and down the hill once more, in all, you work your core, shoulders, and legs providing a full body workout, physically and mentally, and that is just one rotation. At the end of the eight weeks, summer school P.E. students go up to five rotations per day. In the past, one session of summer school P.E. had the whole three hours of P.E. to complete 16 rotations, due to the lack of signatures on the syllabus.

Other activities in summer school P.E. are skill/performance P.E. components, conditioning, object-control movement forms, modified games, and health related P.E. components. On top of the rotations, locomotives, and health related components, every few weeks, students run the cross country mile, and by the end of summer school P.E., they must improve their score. During their first week, students will test their BMI, Body Mass Index, and their ability of flexibility, sit-ups/push-ups per minute, and pull-ups. Similarly to their mile time, their scores should improve by the end of their session. The BMI test measures your height, weight, and your fat and muscle percentage. People with injuries, such as sprained/broken ankles, have modified exercises using heavy ropes to work their upper body strength and the medicine ball.

Three absences (excused or unexcused) will result in an F for the session, and students will have to retake P.E. Students do not need to attend on DLWOP, Direct Leave Without Pay, days. For Session one P.E., it is closer to winter and spring, resulting in colder and wetter climates as opposed to session two where the climate will be warmer. Session two, due to the weather, should bring water daily and refill from time to time.

During a rainy day, the teachers will decide on an alternate version of a rotation, which they nickname, "sweat-shop." On these days, students do exercises, in the cafeteria, like bear crawl, inch worm, hopping on left/right foot, duck walk, crab walk, and ladders.



See "Prep" on Page 3

The Impending Doom of 2012.

Eat Lots of Chocolate on December 20th

Kiana C. & Risa A.

"Green Gazette Staff Writers"

The Mayan calendar ends on December 21st, 2012, specifically the Mayan long count calendar. Our calendar ends on December 31st. On that day, destructive events are predicted to rip across the nation in epic proportions, including billions of losses of lives. Some even suggest the Earth itself will be destroyed along with all life, which is why December 21st of the year 2012 is commonly called "the end of the world". On the contrary, skeptics think that this catastrophic date's events will be minimal. Opinions on this subject are quite varied. NASA believes that the planet will be fine as it has been for four billion years.

The origin of this theory was that Nibiru, a supposed planet discovered by the Sumerians, is heading toward Earth. This catastrophe was originally predicted to happen in May 2003, and when it didn't happen, the doomsday was pushed back nine years later to December 2012. If the planet Nibiru were real, scientists would have been tracking it for several decades now. Also, by now it would be visible to the naked eye. The last big hit on Earth was 65 billion years ago when the dinosaurs got wiped out; A big hit to Earth is highly unlikely. [Be]



See "Impending" on Page 3

1D Music

They're Actually 3-Dimensional

Courtney O.

"Green Gazette Staff Writer"

Today's hit pop sensation is the new band One Direction. Their song was previewed on Youtube in the beginning of this year. Perfect way to start! A new band making a big hit in a new year is just fabulous. Their whole popularity started off with just a few people, but after waiting a few weeks One Direction started to spread through the whole country. One Direction is a boy band who is now very popular with the occasional haters, people who aren't fans of One Direction's music.

One Direction's rise to fame all started when they re-entered The X-Factor competition. Although they didn't win, they were offered a music label, and that's how One Direction's group all started. This boy band is made up of five boys named, Liam Payne; age 17, Harry Styles; age 17, Niall Horan; age 17, Zain Malik; age 18, and Louis Tomlinson; age 19.

Just recently One Direction released a new album called "Up All Night." You can locate their music at Walmart, in the electronic department or go onto iTunes and buy their album. If you've never heard any of One Direction's songs and want to listen to them then you can go onto Youtube and type in One Direction. Their songs are listed down below.

What Makes You Beautiful, Gotta Be You, One Thing, More Than This, Up All Night, I wish, Tell Me A Lie, Taken, I Want, Everything About You, Same Mistakes, Save You Tonight, Stole My Heart, Stand Up, Moments



Slam Poetry

Very Physical – Wear A Helmet

Emily M.

"Green Gazette Staff Writer"

Recently, at Mililani Middle School, we had Robert Gregory perform a very awe-stricken composition known to as, Slam Poetry. Slam Poetry is a way to express your voice with rhythm and emotion; basically, it's your announcement to the world. You also don't have to be a professional to do slam; it can be done by both amateurs and pros. Anything you could think of could be slam poetry. It's just a matter of speaking your mind and not being afraid to verbalize your life in a way no one has ever heard before.

McGregory began with his first poem titled "Gifted and Talented." He bestowed on us that this poem inspired him when he was in middle school. His school had a gifted and talented class for people with special abilities to write. "Unfortunately," he sighed, "I never got to be in that class because I got detention most of the time." He continued- "So this poem's for that." As he began, he spit words and spat rhythm; his hands were moving in an intricate design almost as if he was painting a picture for us. He described being a kid again and imagination in using vivid metaphors. It seemed like he never took a breath between takes because, in the end, he looked depleted! Everyone from Mrs. Teruya's class and peer mediation clapped respectfully and seemed intrigued by this type of poetry.

Robert discussed his involvement in Youth Speaks Hawaii which is an organization that educates students in writing and performing in slam. YSH gives education in weekly workshops, monthly poetry slams and special events throughout the year. "We have legit teachers who have a degree in writing who actually teach you about how to use metaphors, similes and great vocabulary," he says, "I'm just the fire, you guys are the sparks," he gestured to us. "Anyone of you could be the big thing; you just have to keep writing."

Many were curious about YHS and one student asked if you needed to pay for the program. "Definitely not, we're a free non-profit organization." As the students were done asking questions, Mrs. Yoakum stepped up and asked if he could do another poem and he was very modest to do one more for us.

See Slam on page 3

T.V. That Glitters Isn't Gold

Our Brains Are Being Fried

Risa A.

"Green Gazette Staff Writer"

Think of the last time you read a book, took a walk, or even just took a minute to think. Recalling those rare events to mind is especially challenging for many Americans. If you're one of them, and are rooting around deep in your mind to find that seldom occasion, it is more than likely that instead of being productive and making effective use of your time, you've been curled up watching T.V. In this modern world, staring at the T.V. for hours on end is becoming increasingly common.

Television would cease being such a problem if it wasn't so deeply rooted in our lives. When you go over to your friend's house, you watch a movie or two. You keep glancing at that screen out of the corner of your eye as you eat dinner with your family. We write T.V. off as part of our lives because it surrounds us everywhere we look. Television is taking over our world with every new T.V. set and every new episode watched. What we don't realize every time we sit back to watch another episode is that T.V. is training our brains to be lazy, unthinking, because of the lack of interaction involved.

Due to the groundbreaking advances in technology, mostly occurring over the past 30 years, T.V. isn't limited to a television set anymore. In 2005, iTunes store began to sell videos, allowing the access to T.V. on the newest iPhones, iPods, and other Apple products. Also, many free Internet sites like Hulu offer T.V. episodes via streaming.

So, here are the cold, hard facts: 99% of American households have at least one T.V. In one year, 250 billion hours are watched by Americans. According to A.C. Neilson Co., the average American watches four hours of T.V. each day. That means in a 65-year-old life, NINE YEARS will be spent in T.V.'s mind-numbing hypnosis! How can something that's only function is projecting 2-D images compel us to give up 3,287 days of our lives? No wonder life is short when this is what we do with it.

The reason for our attraction to T.V. stems from the gratifications we receive while watching it. Some might sit back on the couch and turn on the tube after a long day to gain relaxation and escape. Television is, in another form, a fulfilling companion, patching the holes of loneliness. The topics that T.V. covers also spark a means to interact socially, like discussion with others who watch the show.

So don't go home and watch another episode of T.V., because although they seem harmless, every half-an-hour adds up. Your life is your life, and it deserves to be lived to its fullest. Those nine years could be spent writing that book, seeing the world, so get off that ever-so-comfortable couch. Opt out the next time you could see a movie, and walk your dog instead. Goodness knows how much your 65-year-old self will thank you. [Odds]

As Simple As Snow

This Book Does Not Taste Like Snow – Do NOT Eat It
Book

Kiana C.

"Green Gazette Staff Writer"

Through mysteries, codes, schemes, and romance, *As Simple As Snow* by Gregory Galloway is a haunting book. It sparks a reader's imagination and makes the reader want to more, yet the answer is elusive to the mind. Galloway leaves behind so many unanswered questions. Throughout the book the narrator never reveals his identity, which adds to the mystery.

Anna Cayne, both the protagonist and the antagonist, is unlike any other girl the narrator has ever met. She takes a liking to him, though he's quite boring, "as simple as snow." She likes art, books, ghosts, mysteries, and she enjoys writing obituaries for everyone in town. All 1,516 people fill up her eight black notebooks, to go with her appearance. She's a Goth, so she wears all black as well. She claims that in the last town she lived in, she wrote obituaries for everyone in the town, and everyone died exactly the way she predicted. Everyone that loves her, calls her Anastasia, the narrator called her Anna. Frankly, the narrator was the only one she ever let get away with that. They make an unlikely pair, but somehow it seems to work.

A week before Valentine's Day; however, Anna disappears leaving behind only her green dress next to a hole in a frozen river. A few days after that, the narrator receives a map, along with her own obituary in the mail to guide him in Anna's direction because apparently "he's not trying hard enough." Longing to reunite with Anna, the narrator retraces the past months he spent with her only finding fragments. The only thing that he can truly rely on is their code. It might not be safe to reveal it here, as it was meant for only the two of them. This causes the narrator to realize things he never has before. Anna makes it like a game; everything is a game to her.

In this haunting novel there are many "what ifs?" because of all of the unanswered questions left behind. Some parts of the book were really creepy. Some parts even began to bother me as I read them. Maybe this whole thing was just a game purposely made by Anna to make the narrator realize there are better things to come, or maybe it was just a big mystery of life itself. [Your]



Pre - Algebra Gone Forever?

Why, Why, Why?!

Raena G., Taryn F., Taryn W.

"Green Gazette Staff Writers"

The Mililani Middle School elective registration list came out and pre-algebra was not one of the options. This raised concerns across the campus. Many students are still wondering why pre-algebra is gone from the elective list.

This is a concern for a few reasons. Students feel that without pre-algebra they will fall behind in math and if not taken it in middle school, it will be required to take it in high school. The word is that in high school the algebra gets harder.

People like Jonathan Omuro, a senior in high school, took pre-algebra in seventh grade while in Wheeler Middle. "Personally, I feel as though it didn't help me as much as some other people I know. I know a friend who had to take algebra in high school since he didn't take pre-algebra in middle," said Omuro. He also remarked that "Some of concepts helped me understand some of the algebra in high school and sometimes, if you don't take pre-algebra in middle school, you might have to take algebra in high school."

Certain administrators, like our principal Ms. Chung, feel that if she could, she would have kept pre-algebra. "Think of it like a family. We only have so much money, so you have to start prioritizing." The school had to choose between keeping pre-algebra or keeping algebra and the school decided to keep algebra since more people qualified. "If I could keep both, I would have, but we had to make some cuts. With the budget cuts going on we have fewer teachers; therefore, we can only have so many classes."

Mrs. Chung said that there is going to be a test that allows upcoming seventh graders can take that determines whether they qualify for algebra and skip pre-algebra. Also, she said that if Governor Abercrombie gives us more money, then we could buy more teachers and take back programs such as pre-algebra.

Even though pre-algebra is coming off the seventh grade elective list, many students can take the test and will not fall behind in their math studies.

7 Things That Irritate The Average Facebook Users

Ex: "I had soup for breakfast"

Kimi T.

"Green Gazette Staff Writer"

At this age and time many people have Facebook accounts. Whether you're 13 and legally allowed to, or if you're 10 or even 7 and many parents don't mind, people know how the system works. Routine functions such as scrolling through the news feed daily, sending messages, posting pictures, and posting statuses. Facebook helps with keeping up with each other's lives. It is faster than texting everyone your plans, and it is a lot less awkward to talk to relatives you have never met before. In many ways Facebook is fun and helpful. Then there are people and things that don't make it so entertaining. This is a small list of a few top pet-peeves on Facebook.

1. When People Post About Things That No One Needs To Know- Honestly, I can guarantee you no one cares if you are brushing your teeth or about to wash your dog. If there is someone that you know will appreciate it, feel free to message them. The rest of the world does not find it necessary to know your daily routine.
2. Wh3N P30PIE tYP3 1ik3 th1s- Okay, this has to be the most annoying thing ever. Hun, you're in middle school. I'm pretty sure you've learned the difference between capital and lowercase letters. Also, since when were numbers and extra letters needed to say 'i lAAAhV3 YUUUh!?' Better yet, I think you need auto correct. Because 'I love you' is not spelled with a four A's, two H's, three U's, and all kinds of lowercase/uppercase madness. If you really loved me you wouldn't mind taking the time to spell it out correctly.
3. Getting Friend Request From Strangers- Stalker alert. 'Do I know you?' 'Yeah, I've seen you around school.' Wrong answer! If I have never met you before, I don't I want you all up in my business since we've never met face-to-face. Especially those people who add you that have zero mutual friends and you have no idea who they are. You're from Nevada? And you think you know me from Oahu? Huh, weird.
4. Don't Say Anything You Wouldn't Say To Their Face Behind The Computer Or Phone Screen- This is a major. If you wouldn't call him stupid in real life, or tell her she's ugly when she's standing right in front of you, what makes you think it is okay for you to say it when you're not physically there? It's rude, mean, and downright wrong. Watch what you say and to whom, because all they have to do is take a screenshot, show it to mom and dad, show proof to the principal, and you'll be sitting in front of Mr. Nakasone in no time. Cyber bullying is a crime. We all have different views on people and issues, but hiding behind your computer won't save you when you say the wrong thing.

See "7" on Page 6

Track

Run=Fun

Brandon C.

"Green Gazette Staff Writer"

Track has to do with sprinting and running. It is really exciting and heart pumping, so you should join the MMS track team. What is cool about track is you get to make a lot of new friends and practice right here at Mililani Middle School.

Practices are held on Tuesdays and Thursdays from 4:00 pm to 5:30 pm. Running sprints and jogs are done during each practice. Sprinting distances are between 200 to 500 meters. The average jogs are at least one mile.

Track is also a really good way to get in shape and be active. Running is a healthy activity that will help you live a healthy and active life style. Running is an activity that can be done throughout life and keep you healthy.

An important part of track is attending meets. Races are against other schools on Oahu. The races are held at Leilehua High School, University of Hawaii, Moanalua Middle School, and a 5k fundraiser in Honolulu. Practice is required in order to attend meets and a 10 dollar fee for transportation is charged. So join the track club you will get physically fit and make new friends

The Kilauea Iki Trail

Check out the vesicles!

Daisey B.

"Green Gazette Staff Writer"

A couple of weeks ago the 8th - grade green track went to the Hilo side of the Big Island. While there, we went on the Kilauea Iki Trail hike. The Kilauea Trail is a 4- mile hike which is done in a loop. When we went, it was rainy so we encountered some muddy areas, so if you go, be prepared and use caution.

We began on the ridge above the crater. All we could think of was getting to the bottom of the crater because it was so far away. Slowly, as we walked down the trail, the closer we got to the crater's floor. Just before you get to the crater floor of the volcano, you must walk down some stairs. The steps were much deeper than normal, making the walk difficult.

At last, thirty minutes into the hike, we arrived on the crater floor of Kilauea Volcano. The terrain then becomes rocky and you must then follow the trail with the "a'a" rocks. They set them up in piles as guidelines for the hike. While walking, we saw steam holes along the trail. These holes are cracks in the earth where steam escapes.

At the end of the crater floor the trail goes up and it is steep! You can now say, "Yay! I have finished a 4 - mile hike!" In the long run the Kilauea hike is a loop that takes time and caution, but along the way you get to experience the forming of our earth, the steam vents, and native plants breaking through the lava rocks for survival. These are some things that people who live on Oahu don't see very often.

So if you ever go to the Hilo side of the Big Island, I would recommend that you go to the Kilauea Iki trail and don't forget to take water and use caution along the trail. Be safe! [In]

The Impending Doom Of 2012

Continued from Page 1

"Doomsday" has recently become commercialized. Many people are selling products for the end of the world like safety packages and T-shirts. Also, *2012*, a science fiction disaster film based on the doom of 2012 hit theaters across the country in 2009. In the movie, a small group of characters were saved from the devastating events unscathed by escaping to Africa+, which was the only continent unaffected by the events. Since it produced \$769,679,473 worldwide, knowledge of the alleged end of the world skyrocketed, and tourist rates increased in Africa (just kidding).

In an interview with Nicholas Vantassel, a very knowledgeable 8th grader at Mililani Middle School, he predicted that in 2012 the events would consist of an earth quake, or nothing at all. He said that the product of this earthquake would be that most of North America would be wiped out, not including the Pacific. Also, that there would be no magnetic shifts, and would bear no resemblance to the movie. When we asked him if the Mayans were right he said, "2012 is an important date, but it will not be the end of the world."

Although there is a possibility that destructive events could occur, there is no guarantee that they could happen. The best option is to not expect too much, but to be prepared for anything.

Prep For "Suffer" School PE

Continued from Page 1

Health related components include cardiovascular and muscular endurance, flexibility, body composition, and muscular strength. The components help produce and maintain good health and physical fitness needed for cellular respiration (energy).

By the end of the eight weeks, students will find they will have to push to their limits if they want their A. For upper body strength, males need to do 9 pull-ups, while females need to do at least 2.5. For cores/abdomens, females will have to reach over 50 sit-ups under a minute, while males need over 55. To test students' cardio, students need to do a short race back and forth, like a relay race, which has to be completed within 8-10 seconds. The last, which is the most important, is the cross-country mile. The mile for females needs to be completed within 5:42-7:49 minutes, while males, need to complete it under 6:39 minutes to earn the A.

The real test; however, is the normal workouts, the rotations, the locomotive skills, attendance, participation, and assessments (both formative and summative). Summer school P.E. should not be taken lightly and it is provided for students as an alternative to take in high school. However, it is also an opportunity to gain an experience and to become skilled, intelligent, life-time learners in physical education, including physical, mental, and emotional activity.

Criminal Minds Review

Thrilling
TV show

Courtney S.
"Green Gazette Staff Writer"

"There is no lasting hope in violence, only temporary relief from hopelessness." -Kingman Brewster Jr. The hit series *Criminal Minds*, begins and ends each show/episode with a poignant quote. The first one sets you up for the show and the last one leaves an impression in your mind.

The show's main characters are members of the Behavioral Analysis Unit (BAU). The team is out and determined to find their next criminals to take down for the safety of "our" people. They are called in to catch their next criminal, serial killer, or the person who is causing danger to others. The BAU team is filled with many different characters such as; "The Founding Father of the BAU" David Rossi, Supervisory Special Agent (SSA) Derek Morgan. A confident African American and SSA Jennifer Jereau. They also have a genius on their team named Spencer Reid who seems to know practically everything, Penelope Garcia who is an oddly beautiful computer geek, and SSA Emily Prentiss who once in season six faked her death for the safety of her team. The BAU team is almost always working so they are practically just one big family catching our nation's worst serial characters.

The popular *Criminal Minds* is rated 4 stars out of 5 by their audience. If you like watching NCIS, Hawaii 50, or any type of crime scene investigation shows, you will love *Criminal Minds*. Each Drama filled episode leaves you craving for more.

Clean up the language!!!

How the Standards of Communication Are Decreasing

Maya H.
"Green Gazette Staff Writer"

Take a moment to listen to the words around you. You mainly hear bits and pieces of conversation, and swearing, lots of swearing. Now think about it. We need to clean up our language.

Swearing is a bad habit that many people have picked up from influence or peer pressure. Swearing is often heard in movies, on TV, and at school. Usually we learn about cleaning up the environment, but cleaning up our language is also a good idea. Some people don't swear and don't appreciate swearing. Here are some tips to push swearing out of the school and out of your life.

- 1. Try and use other words instead of swear words. Instead of saying, 'What the ----', say something like 'What the fudge' or instead of saying 'Oh ----' say 'Oh sugar'. Be creative with what you say. Try to use something different each time, otherwise the word you use will lose its meaning and seem like a swear word too. Some good ideas for other words are: flip, sugar, beach, darn, hyena, dog, or fudge.**
- 2. Hand signs are still considered swearing. Making rude gestures at people still counts and some people don't like that either.**
- 3. Just ask people to stop. If you're uncomfortable with the way someone is talking to you, don't fire back with the same language.**

These are a few ways to not just clean up your language, but your friends, too.

Slam Poetry

Continued from Page 2

Before he started he asked the audience if they had facebook; almost everyone raised their hand. He said this because of the video that's been traveling around facebook, "Kony 2012", made popular on YouTube. If you don't know who Kony is, he's a murder, rapper and abductor. He has a gang whose helps him into abducting children, using them as soldiers, slaves and killing thousands of Ugandans. He's also evaded the African government for 50 years. So, this poem, titled "Kony 2012", he told us, "is a very disturbing issue." It was extremely distressful and shocked the crowd with its bitter honesty. The part that really moved me was how he described, in vivid imagery, how the Ugandans that have been killed and used as slaves. He allowed the audience to see and feel the little girl's anger and fear toward Kony.

Harry Potter and the Sorcerer's Stone

Nothing Is Better Than a Little Harry Potter
Book

Preston B.
"Green Gazette Staff Writer"

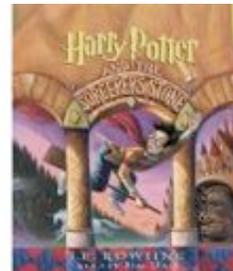
What do you do when you are bullied by your relatives that take care of you? Do you answer back to them? Or do you just let them keep bullying you without saying anything? Well, I am sorry to say that that is what Harry Potter does.

Harry Potter's parents were killed in a horrible car crash, so his aunt and uncle had to take him in. When Harry grows up, he is being kept like a slave at their house. They make him do everything, and he is forced to live in a cupboard under their stairs. But as Harry grows older, he noticed some strange occurrences happening to him. One odd occurrence is when he cut his long jet black hair and in a few days it would grow back. When Harry's life begins to be slipping away from his grasp, strange letters from owls are sent to him. He cannot read them because his Uncle Vernon either burns or shreds them. But, oddly, the owls keep coming and coming with the letters. So, the family moves away to get away from the owls. But on Harry's eleventh birthday, the front comes crashing down. Outside stands a tall and bulky man.

He, who has shared his name as Hagrid, tells Harry that he is a wizard and that his parents were too. But Harry didn't believe him because he knew that they died in a car crash. But he was wrong because Hagrid explained that a horrible dark wizard that they call "he who must not be named" killed them with one curse. When he tried to kill Harry, the curse only left a lightning bolt shaped scar. That is how he got the name of "the boy who lived."

Later, Harry is sent off to Hogwarts School of witchcraft and wizardry to learn magic. There for the first time he meets his two first best friends, Ron Weasley, and Hermione Granger. There, he embarks on different journeys with them and shares all his secrets with them. But as the mystery of the Sorcerer's Stone is discovered Harry, Ron, and Hermione have to sneak around school to uncover it.

This book is filled with so many descriptions of the people and places around school. Everything about this book is amazing, and I couldn't put this book down. I wish I could be able to attend the school with Harry too. Overall, I would give this book a BIG A+. Be sure to watch the movie too. [The]



Tuck Everlasting

Book
What if you had the chance to live forever?

Kiana C.
"Green Gazette Staff Writer"

This book makes a person think about the idea of forever or eternity and the cycle of life itself. Death is a pretty difficult concept for most people to accept. No one really wants to die, but, eventually, we'll all have to. In this book, young Winnie Foster is given a small plastic bottle holding the key to eternity. The decision of living forever with the mop-headed boy she has a crush on, or carrying on as a mortal and spending eternity elsewhere, plagues her thoughts.

In the book, *Tuck Everlasting* by Natalie Babbitt, all this commotion is thrust upon 10-year-old Winnie Foster. In Winnie's home her role is to stay inside all the time and be a perfect little girl. That is until she finds the secret inside her family's wood right in the middle of town. Inside the wood is a magical spring that makes a person re-think the concept of mortality. As she comes across it, she also spots a handsome boy around the age of 17 (or so he appears) that goes by the name of Jesse Tuck. Winnie gets drawn into the Tuck family's routine of constant change and no permanence. The Tuck's and Winnie are the only people who know about the spring, and they intend to keep it that way. But not everything always goes the way you want it to, so along comes the man in the yellow suit.

Through Winnie's eyes, Babbitt creates a world that consists of both reality and fantasy. I recommend that you read this short novel. Even though it may seem serious, considering what concept it revolves around, it's actually a very fun book to read. You will have fun with the little adventures and hassles that the Tucks and Winnie have to go through. It also has a few takes on the concepts of friendship, loyalty, and doing the right thing; all with a little bit of romance. It's a fun novel with a bit of everything in it.

I enjoyed reading this book very much. I think you would too.

Sportsmanship

PIHSNAMSTROPS

Martika C.
"Green Gazette Staff Writer"

The whistle blows and the game comes to a screeching halt! The referee makes the call and your team gets the foul. You're angry, frustrated and your patience is waning so its no surprise when you take out your frustrations on the opposing team. Misconduct and bad sportsmanship can be found in any sport, be it basketball, soccer, football or tennis.

Whether you are on or off the field, sportsmanship matters. Not only do you represent yourself, but you also represent your team, your coach, and your parents when playing. So put your best foot forward and make your team and family proud. Represent them well by playing fairly and giving it your all.

Be sure to hold your head up high and always try your best, but don't stoop to the other team's level if they are playing unfairly. Let the referees make the calls, if someone is fouling then they'll notice.

Some may say that referees can be biased, but the fact is that they are paid to be fair. They are trained to notice the little details and keep the game safe and fun for the players as well as the audience. Trust them. Trust them to do their job so that you can focus on yours, which is playing the game and having fun.

It doesn't matter who wins or loses because at the end of the day it will not make a difference. The world will not end if your team loses and it will not stop spinning if you don't score a point. Try not to take the game too seriously. Things can get competitive at times but when it happens just remember that it is *just a game* and you are there to have fun.

Sixty three percent of people think that sportsmanship in the U.S is declining. Whether or not that is because kids these days have more motivation or drive, it is still not a good thing. You can go out and play your best and still be a good sport. It's good to have lots of motivation and drive to help you fulfill your dreams but to much of a good thing is a bad thing.

Play the game because you love it not because you lost the last time and are out for blood on the rebound, or because your parents expect you to. Play because it is your passion, because you LOVE to do it. When you play because of passion, you win either way because everytime you play you have fun and you learn from your mistakes, and that is what sports are all about.

Fishing club for MMS

Hiapo E.
"Green Gazette Staff Writer"

If you love fishing, join the Mililani Middle School fishing club. Mr. Tracy leads the club in teaching the members new knots, to casting, to finding fishing spots and to cooking. He teaches us about different basics.

A couple things Mr. Tracy teaches us are the basics of fishing. The first basic step is tying knots. Members learn four different knots to tie. Two knots are to be tied to the hook. One knot that can be tied to the hook is called a snell knot. The other knots must be tied to the lead or the weight. A knot that can be tied to the lead line is called an *ulua* knot. *Ulua* is a very strong fish that was sacred to the Hawaiians.

The second step of fishing is casting. You need to learn how to cast and reel in your line. Casting is throwing out the pole into the water and reeling in your line. If you have a fish on the line, you need to reel it in to catch the fish. You must cast into a certain area because the line might get stuck on a rock or the fishes might be in a different area.

If you conquered the basics, then you are able to go fishing at different places. In the following days the fishing club will go on some fishing trips to Waimea Bay, Haleiwa Beach Park and White Plains. The most fun is in the fishing club meetings when Mr. Tracy cooks the fish we catch. His food is always delicious.

So if you like fishing, you should join Mililani Middle School fishing club. [May]

Dress Code

Cory M.
"Green Gazette Staff Writer"

Mililani Middle School's dress code for school days and school functions does not permit freedom of expression. Either an outfit is too short, too low, too skinny, or too baggy, but there is no right in the middle. School administrators seem to find most fashionable items unacceptable.

The school dress code at Mililani Middle School is pretty much the same as other schools: no shorts higher than the middle finger, straps on a shirt no smaller than two inches, no shirts that have graphic or violent pictures, and no saggy pants.

Some experts in child care say that uniforms and dress codes help to prevent gangs from forming in schools and it helps to provide discipline. However, other studies show that uniforms and school dress codes have no relationship to student's academic achievements, interaction or safety; therefore, mixed perspectives exist.

Our schools mission is to create life-long learners, to respect ourselves, and to contribute positively to our world. Since there are no studies that show, conclusively, a disciplined strict dress code can help to achieve our mission, then what is the point in having a dress code? To believe that denying the expression of students would help us to be "life-long learners," to "respect our selves and others around us," and to "contribute positively to our world," is not true based on studies.

Freedom of expression is not something that should be oppressed by school dress codes!



Which would you choose?

Pre-Algebra Gone Forever?

*Pre-Algebra off Seventh Grade Elective List
NO!!!!!!*

Taryn F., Raena G., Taryn W.
"Green Gazette Staff Writers"

The Mililani Middle School elective registration list came out and Pre-Algebra was not one of the options. This raised concerns across the campus. Many students are still wondering why pre-algebra is gone from the elective list.

This is a concern for a few reasons. Students feel that without pre-algebra they would fall behind in math and if you don't take it in middle school, you would have to take it in high school. From what we had heard the algebra gets harder.

People like Jonathan Omuro, a senior in high school, took pre-algebra in seventh grade while in Wheeler Middle. "Personally, I feel as though it didn't help me as much as some other people I know. I know a friend who had to take algebra in high school since he didn't take pre-algebra in middle," said Omuro. He also remarked that "Some of concepts helped me understand some of the algebra in high school and sometimes if you don't take pre-algebra in middle school you might have to take algebra in high school."

Certain administrators like our principal, Ms. Chung, feel that if she could, she would have kept pre-algebra. "Think of it like a family, we only have so much money, so you have to start prioritizing." The school had to choose between keeping pre-algebra or keeping algebra and the school decided to keep algebra since more people qualified. "If I could keep both, I would have, but we had to make some cuts." With the budget cuts going on we have fewer teachers; therefore, we can only have so many classes.

Mrs. Chung said that there is going to be a test that upcoming seventh graders can take that determines whether they qualify for algebra and skip pre-algebra. Also, she said that if the Governor Abercrombie gives us more money, then we could buy more teachers and take back programs such as pre-algebra.

Even though pre-algebra is coming off the seventh grade elective list, many students can take the test and will not fall behind in their math studies.

How to stop bullying
What would you do if you got bullied?

Mia R.
"Green Gazette Staff Writer"

Bullying is bad, it's not funny and it can hurt many people. Bullying can be experienced in a variety of ways. There is verbal abuse, physical harm, and cyber bullying.

Verbal abuse is calling people names like, ugly, fat, dumb, and weird. All of these words would be considered bullying. These words can hurt. Some people take it real hard but some people take it like a joke. Since you don't know how a person will take it, don't do it.

Physical harm is when the bully somehow touches you physically. It can be a push in the hallway, a slap on the arm or it can be a poke on the arm. It can be anything that hurts you.

Cyber bullying is when you are online and someone bullies you. Someone may hack your profile and say lies about you. They tell everyone things that aren't true and the next thing you know, everyone at school is looking down at you and they are talking behind your back.

The best thing to do in all these situations is to go and tell someone that you can trust. For example you could tell a student council representative, principle, teacher, or your parents. If it keeps on happening, just keep on telling someone.

Well this needs to stop. NOW.

7 Things That Irritate The Average Facebook Users

Continued from Page 3

5. **The People Who Think Facebook Is Tumblr-** I have to say this is one of my biggest irritations. I understand when you have a good quote and you want to share it, and I'm sure your friends will appreciate it, but when you post four or five in the same hour? Not okay. Most likely people will unsubscribe from your updates because they just don't care. That's what Tumblr or Twitter is for.
6. **When Your Status Is Clearly Directed To Someone-** Sometimes we like to tell the world what irritates or bugs us about some things. It is fine until everyone figures out that one person you're referring to. Sure they're not tagged or anything, but everyone knows that they're talking bad about them. If you are going to post hate statuses, don't be so blunt and obvious. In fact, don't do this at all. It's rude.
7. **Fishing For Compliments-** You know those girls who put thousands and thousands of pictures of themselves? There's nothing wrong with that considering our generation loves cameras and looks so the love is just there. But there's those certain people who take a very nice picture, and people give them sincere compliments, and the person goes 'eww no I'm so ugly'What?! Why would you put a picture online if you think you look ugly in it? We know that you must like something about it since it made your profile picture. I understand being modest and brushing off their kind words, but then there's a point where some people push it, intentionally or not, where it sounds like they're fishing for compliments. Remember, you are all beautiful. No need for the reassurance of the world.

Disclaimer: The views of this article are in no way influenced by all Green Gazette writers or publishers. We respect the people we know who may do these things. This is clearly stating the views of the students who gave us these opinions.



Nook Color Vs. Kindle Fire

Both have exquisite fancy qualities

Preston B.

"The Green Gazette Staff Writer"

Are you looking for an electronic reading device? Or are you torn between getting a Nook Color or a Kindle Fire? After reading this article, you will be able to make your decision from the information provided. The Nook Color and the Kindle Fire each have unique features. A thorough comparison will help in making your decision for which is right for you.

First of all, both of the products costs about \$200, therefore, price is a limited factor. Keep in mind, though, that each may go on sale.

Each of the products has eight giga bytes, GB, of internal storage. That amount will enable the device to hold thousands and maybe even millions of books to be on your device. If more storage is needed, the Nook Color has a micro SD slot but the Kindle Fire does not.

The Kindle Fire has an operating system of Android 2.3, when the Nook Color has an operating system of Android 2.2. With Android 2.2, you are able to type in different languages. Also the security is very good. But with Android 2.3, it has all of those features improved and it allows you to search the internet faster. Also when you are typing something in, there are spelling suggestions that you can click on to get the word. You can also copy and paste text that you type on it.

The Nook Color is primarily a bookstore. It also allows you to get some apps, but the Kindle Fire is more than just books. It has apps, products; you can pretty much get anything. Also, you can order things straight from your Kindle Fire with the Amazon store preloaded with it on the device.

In conclusion, the Kindle Fire is better because it has a wider selection of apps and books while the Nook Color has only some apps that are for reading books alone. I highly recommend getting the Kindle Fire, it is very good for the price. [Favor]



M&Ms

Who Doesn't Love Chocolate?

Taryn F.

"Green Gazette Staff Writer"

M&Ms candies are a hard chocolate candy with a colored shell that covers the chocolate. Many people love to snack on the classic treat or use it as a gift. They are a button-shaped candy with their signature, *m*, imprinted on the shell.

The History of M&Ms

The M&Ms candies got their names after Forest Mars Sr. and Bruce Murrie. These two men developed the M&Ms candy and at the time they were all brown. As the years progressed, more colors were added to the M&Ms candy. Peanut M&Ms were not developed until 1954 and at the time were all brown. Soon after, red, green, and yellow were added to the peanut M&Ms in 1960 and orange was added in 1976. Also, people wanted to add a new color to the M&Ms candy. Pink and purple were considered, but blue won.

The Varieties of M&Ms

Various kinds of M&Ms have been created over the years. Peanut M&Ms, which are an oval-shaped M&M, have a peanut in the center. There are also mini M&Ms that are still M&Ms just smaller than the normal size. In the 90s new M&Ms flavors were created. Those new flavors were peanut butter chocolate and almond. In the mid 90s M&Ms baking bits were developed so that way you can use the M&Ms candy when baking. In 1999 M&Ms crispy chocolate candies were created. Also M&Ms are used for special days like red and green M&Ms for Christmas, pastel candies for Easter, and pink and red for Valentine's Day.

Today the M&Ms candies have grown so much that everyone around the world enjoys the candy. It is the classic taste that will live on forever.